



## Moorman's River - SNP, Virginia

Length	Difficulty	Streams	Views	Solitude	Camping
5.0 mls	★	★	★	★	N/A
<b>Hiking Time:</b>	3.0 hours plus a half hour for lunch				
<b>Elev. Gain:</b>	460 ft				
<b>Links:</b>	Park at the South Fork Moorman's River Parking area				

This area was dramatically changed in June 1995 when 11.5 inches of rain triggered multiple landslides. A great hike for swimming holes and when the water is flowing there are two waterfalls on the Big Branch spur trail. Don't expect much solitude on this hike as it is popular due to the swimming holes. The Sugar Hollow Dam was used in a scene at the beginning of the movie "Evan Almighty".

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There are two parking areas, one just a little beyond the Sugar Hollow Reservoir on the left on a gravel road and one 0.5 miles up the gravel road (room for about 8 cars). This portion was pretty rutted and had some huge rocks in the road. A car/truck with good clearance should have no problem getting to the 2nd parking area. We began the hike at the first parking area, plenty of spaces. From the 1st parking area, continue walking 0.5 miles on the North Fork Moorman's Road (gravel road) until you reach the second parking area, the yellow-blazed North Fork Moorman's River trail is straight ahead.

0.4 miles from the 2nd parking area you will reach a huge swimming hole, impressive even with the lack of water flow in the river in August. For the next 1.4 miles until the Big Branch spur trail intersection you will cross the river about 3 more times.

HU Note: In the Spring with good water flow, some of these crossings might be a little tricky. Good shoes and hiking poles would be beneficial.

Keep your eyes open for other swimming holes and some of the damage from the 1995 flood. At the intersection bear left and you will reach the 1st falls in about 70 yards. The more impressive larger falls is about another 80 yards upstream. Of course "impressive" was relative on our trip due to the time of year and lack of water in August. We have seen photos of it in the Spring and it is impressive. The falls would also have decent size swimming holes.

To return to the parking area, turn right at the intersection and retrace your steps. We explored many of the other swimming holes on the return trip.

HU Note: If you need an additional workout you could continue on the N.F. Moorman's River trail by taking a left at the intersection, reaching Skyline Drive at Black Rock Gap in 3.7 miles.