



Overall Run - SNP, Virginia

Length	Difficulty	Streams	Views	Solitude	Camping
8.5 mls	★	★	★	★	★
Hiking Time: Elev. Gain: Parking:	5.0 hours with a half hour for lunch 1,965 ft Park at the end of VA630 where the paved road ends. DO NOT park on the gravel private driveway. Please respect private property. Foot traffic ONLY.				

The Overall Run circuit passes one of the largest continuous waterfalls in Virginia. The trails also go through valley streams and meadows, no wonder this loop is another local hiker favorite. With Beecher Ridge having one of the highest concentrations of Black Bears in the park, this is one hike where you may still catch a glimpse of a bear in the wild.

From the parking area, walk down the private gravel road following the blue blazes for 0.2 miles where you pass a cable gate. After passing the cable gate continue for 200 yards where the private road you are on crosses a small creek. Turn right onto the blue blazed Thompson Hollow Trail. DO NOT continue upwards towards the house, this is all private property, please stay on the trail.

Start heading uphill on the blue blazed trail and shortly pass a marker designating the Shenandoah National Park boundary. In 0.5 miles from the park boundary, and just past the trail high point, reach the intersection of the blue blazed Tuscarora Trail. Continue straight on the blue blazed trail for an additional 0.2 miles to the intersection of the blue blazed Overall Run/Tuscarora Trail.

Turn left uphill and cross Overall Run for the first time in 0.7 miles from the last intersection. Cross Overall Run again in another 0.2 miles, before the trail starts getting steeper as it begins to climb Mathews Arm. The trail will become very steep as it switchbacks up the ridge, then pass a small campsite 0.8 miles from the last crossing of Overall Run.

From the campsite head uphill for another 0.3 miles and arrive at the major Overall Run waterfall overlook, and spectacular view of the Massanutten Range to the west. From the overlook continue uphill for 0.3 miles passing a smaller set of falls before coming to the next trail marker. The trail to the left is the no longer maintained portion of the Mathews Arm Trail. Continue uphill on the blue blazed trail for 150 yards to the next trail marker and intersection of the yellow blazed Mathews Arm Trail.

Turn right on the yellow blazed Mathews Arm Trail (the yellow blazes may not be visible from the intersection), and shortly cross the top section of Overall Run. In 0.5 miles from the last intersection arrive at the junction of the Beecher Ridge Trail. Turn right downward on the yellow blazed Beecher Ridge Trail as it winds its way downward for 2.4 miles to the intersection of the blue blazed Beecher Ridge/Overall Run connector Trail.

Continue straight on the now blue blazed trail as it heads down to the valley and Overall Run in 0.6 miles. After crossing Overall Run the trail will continue downstream for 100 yards before turning right upstream, and becoming the Overall Run Trail.

Turn right upstream on the Overall Run Trail as it follows the run on the left bank before passing a side trail in 0.5 miles. The side trail leads to Overall Run and large swimming hole, with a slide before and after it. Stay left uphill on the blue blazed trail, and in 0.1 miles arrive back at the intersection of the Tuscarora Trail.

Turn left retracing your steps past the Tuscarora Trail turnoff in 0.2 miles, then continuing straight on the Thompson Hollow Trail to the SNP boundary, then gravel road back to the parking area in 0.8 miles.