



Three Ridges - Nellysford, Virginia

Length	Difficulty	Streams	Views	Solitude	Camping
14.4 mls	☆	☆	☆	☆	☆
Hiking Time: Elev. Gain:	2 Days: 5.0hrs-7.3mls Day1, 4.5hrs-7.1mls Day2 4,290 ft Park at the intersection of VA664 and the Blue Ridge Parkway				

Three Ridges is one of Virginia's most popular backpacking circuits. Situated in Central Virginia, just 30 miles southwest of Charlottesville, the hike has vista after vista along the Appalachian Trail, and many small waterfalls and pools on the Mau-Har Trail on Campbell Creek.

From the parking area at Reeds Gap, head south along the white blazed Appalachian Trail (AT) as it initially hugs the left side of a clearing. At the end of the clearing start climbing Meadow Mountain, and in 0.8 miles arrive at the top of the ridge and campsite/overlook.

Continue along the AT as it now heads downhill, and in 0.8 miles arrives at the Maupin Field Shelter, and intersection with the Mau-Har Trail that will be your return route. The shelter is not visible from this intersection, and is 100 yards downhill. Several small trails intertwine this large camping area.

At the intersection remain left, staying on the AT as it passes a small clearing. The AT will now climb and pass over Bee Mountain in 0.5 miles. Descend Bee Mountain, then climb the northern knoll of Three Ridges and arrive at the best vista of the hike.

Continue up the AT as the trail traverses the ridge before reaching the top of the second knoll in 0.8 miles, and view to the northeast. Look for an unblazed side trail on the left marking the overlook and campsite.

The AT now heads downhill from the hike highpoint, and in 0.1 miles stay right a the trail marker. Descend another 0.2 miles before making a switchback to the left. At the switchback there is another overlook. After making the switchback the AT will descend steeply for 0.8 miles, then pass around the left/north side of Chimney Rock. A faint unblazed trail ascends steeply for 25 yards, then passes around the left side of the summit to the Chimney Rock overlook.

Continue downhill on the AT for another 1.8 miles as the trail descends to the right/south of Three Ridges, then arrives at the main camping area and Harpers Creek Shelter.

Turn left downhill on the AT (opposite side of the creek from the shelter). In 0.1 miles the AT will turn right crossing Harpers Creek before heading uphill, and reaching the intersection of the blue blazed Mau-Har Trail in 0.7 miles at a small pass on the ridge.

Turn right on the blue blazed Mau-Har Trail, descend, switchback up the next ridge, then descend again and reach Campbell Creek and large camping area in 1.5 miles. There is a yellow blazed spur trail that leads downstream to a small pool and waterfall in 200 yards.

Continue upstream on the blue blazed Mau-Har Trail as it becomes steeper, crossing Campbell Creek, and making several switchbacks before arriving at Maupin Field Shelter in another 1.9 miles.

There are several trails at the shelter leading to different campsites. Continue straight past the shelter for 150 yards and reach the intersection of the AT you descended earlier.

Turn left on the AT, then in 20 yards stay right remaining on the white blazed AT. Continue uphill on the AT as it passes back over Meadow Mountain, before descending and arriving back at the parking area at Reeds Gap in 1.6 miles.