



## Old Rag Mountain - SNP, Virginia

Length	Difficulty	Streams	Views	Solitude	Camping
9.1 mls	★	★	★	★	★
<b>Hiking Time:</b> 5.5 hours plus a half hour for lunch <b>Elev. Gain:</b> 2,415 ft <b>Parking:</b> Park at the 200 car parking area on SR600/Nethers Rd. 38.57036, -78.28705					

[Click Here For Detailed Location](#)



The Old Rag Mountain hike in the Shenandoah National Park is one of the most popular hikes in the mid-Atlantic region. With many spectacular panoramic views, and one of the most challenging rock scrambles in the park, this circuit hike is a favorite of many hikers. But be prepared for the crowds. This hike gets a ★ rating for solitude, so the best time to enjoy Old Rag is during the week when there are significantly fewer people.

The circuit hike listed here follows the popular clockwise loop, however many hikers prefer to do this loop counterclockwise, thereby tackling the rock scramble at the Ridge Trail on the downhill. Either way, the rock scramble can be challenging, being both steep, and requiring climbing through cracks in the rock. If hiking on a nice weekend, the best time to arrive is by 7 a.m. before the crowds.

- **Mile 0.0** - From the Old Rag parking area walk 0.4 miles along paved Nethers Rd. at which point the road veers left. In another 0.4 miles Nethers Rd. ends at the closed Old Rag upper parking area.
- **Mile 0.8** - Turn left uphill on the blue blazed Ridge Trail next to the closed gate. The trail will gradually increase in grade and make nine switch backs before reaching the first of many view points. From this first vista to the west, the Ridge Trail will become more rocky then arrive at the main easterly vista on the ridge in another 0.2 miles.
- **Mile 3.0** - From here the trail becomes a rock scramble with narrow passages and several spots requiring hand over hand climbing. From the easterly vista on the ridge start up the rock scramble, with the first obstacle a 12ft deep small crack in the rock. At the bottom of the crack continue out to the left. Follow the blue blazes passing around the easterly side of the ridge and through another crack where the trail meets a small cliff. From here, the trail will become increasingly steep going through a small cave, then arriving the minor summit where the trail turns left. Be careful to follow the blue blazes, as there are several false trails that lead to overlooks. After passing around the minor northerly summit, the trail is less steep but still requires rock-hopping for most of the remaining 0.3 miles to the true summit where there are several points with 360° views.
- **Mile 4.1** - Descend south along the Ridge Trail for 0.4 miles to the intersection of the Saddle Trail and Byrd's Nest Shelter.

### **Byrd's Nest Area Scrambling:**

For some additional rock scrambling, consider a side trip near the Byrd's Nest Shelter to see the Balance Rock that you can see from Old Rag and the Saddle Trail. About 20 yards from the shelter is a series of rocks worth climbing and to get a bearing (about 300 degrees with our compass pegged on North) to the Balance Rock, about 0.2 miles away. This will involve some bushwhacking, follow a visible path for about 50 yards or so beyond the first set of rocks and it will bear to the right near a campsite and take you below a cliff and the Balance Rock will be visible to the North West, mostly bushwhacking from this point to the Rock. We did not see an easy way to climb Balance Rock but with a little bit of effort we were able to get on the rock just below it for some great views. The coordinates for Balance Rock: N38.5505 W78.3236, the coordinates for the Byrd's Nest Shelter: N38.5501 W78.3211

- **Mile 4.5** - Turn right descending on the blue blazed Saddle Trail. In 0.6 miles pass the Old Rag Shelter. Both shelters are available for day use only. From the Old Rag Shelter the trail widens and follows a forestry road for the 0.4 miles to the intersection of the Berry Hollow Fire road (left), Old Rag Fire Road (straight), and Weakley Hollow Fire Road (right).
- **Mile 5.9** - Turn right downhill on the yellow blazed Weakley Hollow Fire Road. In 1.2 miles pass the Robertson Mountain Trail, then in another 200 yards the Corbin Hollow Trail. Continue along the Weakley Hollow Fire Road back to the upper parking area.
- **Mile 8.3** - Arrive at the closed upper parking area then continue down the paved Nethers Rd. for 0.8 miles back to the main parking area.
- **Mile 9.1** - Arrive back at the main parking area on Nethers Rd.