

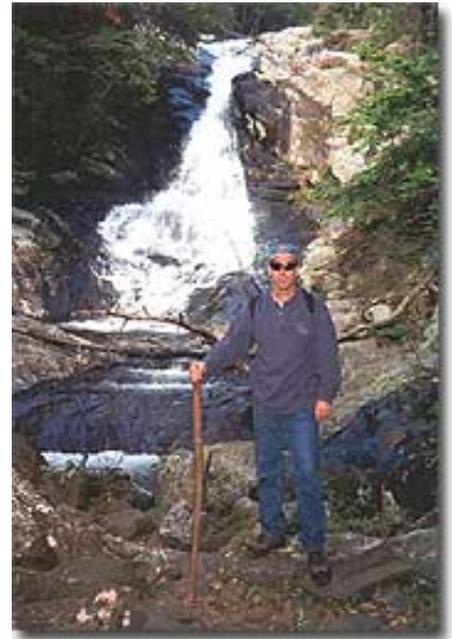
White Oak Canyon - SNP, Virginia

Length	Difficulty	Streams	Views	Solitude	Camping
4.8 mls	★	★	★	★	★
Hiking Time:	4.0 hours with a half hour for lunch				
Elev. Gain:	1,200 ft				

One of the best waterfall hikes in the Park. This hike isn't difficult and can easily be completed in under four hours. You can also see White Oak Canyon falls from a more difficult loop hike that also descends Cedar Run and starts at the bottom of the mountain. For a loop route see the [WOC/CR hike](#).

Although this hike can be steep in sections it is still ok for younger children as the trail is well maintained and doesn't require any creek crossing without footbridges. Being one of the most popular hikes in the park it can be very busy in the peak seasons of spring and fall.

Start on a gentle grade downhill on the White Oak Canyon Trail and cross the Limberlost Trail in 0.3 miles. Continue downhill and re-crossing the Limberlost Trail and coming to the first footbridge in another 0.3 miles.



White Oak Run is now off to your left. As you get closer to the main falls, 1.0 miles after crossing the footbridge, White Oak Road will come in from your right.

Turn left over the footbridge and continue downhill for another 200 yards to arrive at the best waterfall overlook in the park and a great place for a picnic lunch.

To return just retrace your route.